

How Can You Identify Students At Risk?

A simple self-test can be administered to individuals or groups of students (via overhead projector). Any students answering “yes” to 3 or more questions may be at risk for Irlen Syndrome and should have a formal screening by a certified Irlen Screener.

The Irlen Self-Test may be administered to individual students or as a group. The teacher may read the questions aloud and/or project them via overhead projector to the entire class. Students may fill out their own papers, or the teacher can complete the form if oral administration is required.

Short Self-Test for Irlen Syndrome

	Yes	No
Do you skip words or lines when reading?		
Do you reread lines?		
Do you lose your place?		
Are you easily distracted when reading?		
Do you need to take breaks often?		
Do you find it harder to read the longer you read?		
Do you get headaches when you read?		
Do your eyes get red and watery?		
Does reading make you tired?		
Do you blink or squint?		
Do you prefer to read in dim light?		
Do you read close to the page?		
Do you use your finger or other markers?		
Do you get restless, active, or fidgety when reading?		